

AllResultsTable

Posn	Gend Posn	Cat Posn	No	Name	Cat	Club	Race Time
1	1	1	196	Ryan Mckinlay	MSEN	Highgate Harriers	00:33:09
2	2	1	421	Peter Stainer	MV40	Shaftesbury Barnet Harriers	00:33:19
3	3	2	397	Mike Jubb	MSEN	St Albans Striders	00:33:49
4	4	2	405	Nigel Rackham	MV40	Metros	00:34:01
5	5	3	429	Paul Greaves	MV40	Herts Phoenix A.C.	00:34:25
6	6	3	64	James Mcgaughey	MSEN	Kent Ac	00:34:33
7	7	4	406	Daniel Corner	MSEN	St Albans Striders	00:34:47
8	8	5	391	James Elworthy	MSEN	Bedford & County Ac	00:35:17
9	9	6	378	Paul Miller	MSEN	N/A	00:35:58
10	10	7	257	Mark Landy	MSEN	Garden City Runners	00:36:17
11	1	1	15	Laura Cowley	FSEN	Herts Phoenix A.C.	00:37:00
12	11	4	187	Alan Whelan	MV40	Tring Running Club	00:37:24
13	12	8	88	Simon Loughnane	MSEN	N/A	00:37:53
14	13	5	313	Steven Hacking	MV40	N/A	00:37:55
15	14	9	447	Darren Farr	MSEN	Amphill & Flitwick Flyers	00:38:08
16	15	10	454	Jason Haich	MSEN	Harlow Running Club	00:38:34
17	16	11	457	Giles Shorley	MSEN	Amphill & Flitwick Flyers	00:38:37
18	17	12	107	David Casson	MSEN	N/A	00:38:43
19	18	13	155	Richard Hosmer	MSEN	St Albans Striders	00:38:46
20	19	6	198	Jeremy Rackham	MV40	Stev & N Herts Athletics	00:38:57
21	20	7	439	Colin Taylor	MV40	Watford Joggers	00:39:02
22	21	14	202	Alex Sage	MSEN	N/A	00:39:06
23	22	15	489	Roland Kemp	MSEN	N/A	00:39:10
24	23	16	333	Charles Rule	MSEN	Bedford Harriers	00:39:13
25	24	8	233	Bruce Marsden	MV40	N/A	00:39:26
26	25	17	488	Stuart Richard Berry	MSEN	Dunstable Road Runners	00:39:34
27	26	18	430	David Robins	MSEN	N/A	00:39:36
28	2	1	300	Suzanne Chandler	FV35	St Albans Striders	00:39:40
29	27	1	367	John Morris	MV60	Wolverhampton & Bilston	00:39:54
30	28	1	186	Peter Williams	MV50	Herts Phoenix A.C.	00:40:20
31	29	19	426	David Purchase	MSEN	N/A	00:40:37
32	30	9	402	Nick Jones	MV40	Amphill & Flitwick Flyers	00:40:49
33	31	20	348	Stuart Harries	MSEN	Stopsley Striders	00:40:51
34	32	21	263	Nicholas Criado-Perez	MSEN	N/A	00:40:56
35	33	22	93	Stephen Wright	MSEN	N/A	00:40:57
36	34	23	4	Graham Campbell	MSEN	Stopsley Striders	00:41:12
37	35	2	71	Jim Brown	MV50	Fairlands Valley Spartans	00:41:13
38	36	10	390	Chris Jenart	MV40	Amphill & Flitwick Flyers	00:41:17
39	37	24	288	Graham Sutherland	MSEN	N/A	00:41:23
40	38	25	252	Mark Studdart	MSEN	Watford Joggers	00:41:25
41	39	3	472	Greg Hill	MV50	Watford Joggers	00:41:25
42	3	2	384	Kate Laforet	FSEN	Serpentine Ac	00:41:26
43	40	26	153	Matt Everitt	MSEN	N/A	00:41:26
44	41	11	404	Stephen Hawkins	MV40	Amphill & Flitwick Flyers	00:41:27
45	42	12	482	Jim Buttleman	MV40	Leighton Fun Runners	00:41:36
46	43	27	132	Aaron Tindale	MSEN	N/A	00:41:42
47	44	28	324	Chris Batty	MSEN	Inviter East Kent	00:41:51
48	45	29	380	Ross Mackenzie	MSEN	N/A	00:41:52
49	4	3	446	Amy Farr	FSEN	Amphill & Flitwick Flyers	00:41:54
50	46	30	431	David Gillett	MSEN	N/A	00:42:18
51	47	4	203	Robin Tremaine	MV50	London Heathside	00:42:24
52	48	31	358	Daniel Burgess	MSEN	N/A	00:42:29
53	49	32	7	Joe Drury	MSEN	N/A	00:42:33
54	50	13	12	Derek Dutchburn	MV40	Broxbourne Runners	00:42:35
55	51	14	22	Martin Beare	MV40	Amphill & Flitwick Flyers	00:42:43
56	52	33	386	Stephen Lane	MSEN	N/A	00:42:45
57	53	5	403	David Stanley	MV50	Amphill & Flitwick Flyers	00:42:49
58	54	6	442	Robert West	MV50	N/A	00:42:55

59	55	34	372	Richard Wilson	MSEN	Amphill & Flitwick Flyers	00:43:01
60	56	35	376	George Arbuckle	MSEN	Amphill & Flitwick Flyers	00:43:03
61	57	36	312	Michael Roebuck	MSEN	N/A	00:43:09
62	58	15	409	Timothy Woolridge	MV40	Watford Joggers	00:43:15
63	59	7	353	Douglas Hamilton	MV50	N/A	00:43:17
64	60	16	137	Steve Williamson	MV40	Amphill & Flitwick Flyers	00:43:20
65	61	37	368	Scott Goodwin	MSEN	Watford Joggers	00:43:27
66	62	17	212	Jim Dodds	MV40	Amphill & Flitwick Flyers	00:43:33
67	63	38	130	Mark Albon	MSEN	N/A	00:43:34
68	5	2	331	Celia Findlay	FV35	David Lloyd Pacers	00:43:35
69	6	3	134	Nicola Webb	FV35	Serpentine Ac	00:43:46
70	64	18	460	Gary Lee	MV40	N/A	00:43:53
71	7	4	70	Annette Bell	FV35	Fairlands Valley Spartans	00:44:08
72	65	39	479	David Reid	MSEN	N/A	00:44:14
73	66	8	81	Derrick Sheldon	MV50	N/A	00:44:29
74	8	5	266	Jan Ball	FV35	Watford Joggers	00:44:34
75	67	40	232	Richard Pillinger	MSEN	Amphill & Flitwick Flyers	00:44:35
76	68	41	335	Mark Ellis-Jones	MSEN	N/A	00:44:38
77	69	19	105	Kevin Smyth	MV40	Fairlands Valley Spartans	00:44:48
78	70	42	327	Leigh Ecclestone	MSEN	N/A	00:44:49
79	71	43	152	Jay Seera	MSEN	N/A	00:44:55
80	72	20	146	Paul Maguire	MV40	N/A	00:44:59
81	73	21	5	Andy Atherton	MV40	Amphill & Flitwick Flyers	00:45:01
82	9	6	114	Kerry James	FV35	Fairlands Valley Spartans	00:45:01
83	10	4	197	Helen Cartlidge	FSEN	St Albans Striders	00:45:23
84	74	44	226	Oliver Kirkman	MSEN	N/A	00:45:27
85	75	22	487	Paul Sheilds	MV40	N/A	00:45:28
86	76	45	190	Matt England	MSEN	N/A	00:45:29
87	77	46	294	Stephen Davenport	MSEN	N/A	00:45:30
88	11	5	359	Gemma Sargent	FSEN	Elite-Performance	00:45:30
89	78	47	289	David Sutherland	MSEN	N/A	00:45:31
90	79	48	188	Tom Durance	MSEN	Datchet Dashers	00:45:32
91	80	49	92	Tom Bunce	MSEN	N/A	00:45:36
92	12	1	52	Clare Bonnick	FV45	Watford Joggers	00:45:39
93	81	23	476	Chris Clegg	MV40	N/A	00:45:40
94	82	50	323	Mark Hall	MSEN	N/A	00:45:43
95	13	2	45	Sharon Kassemzadeh	FV45	Watford Joggers	00:45:55
96	83	51	466	Tom Deval	MSEN	N/A	00:46:10
97	14	6	75	Michelle Morris	FSEN	Amphill & Flitwick Flyers	00:46:16
98	84	52	291	Charles Hewson	MSEN	N/A	00:46:17
99	85	2	119	Donald Powell	MV60	North Herts Road Runners	00:46:32
100	15	7	373	Paula Nicol	FSEN	N/A	00:46:38
101	86	24	343	John Mercer	MV40	Trent Park Running Club	00:46:44
102	87	53	481	Joel Jago	MSEN	N/A	00:46:55
103	88	54	194	Peter Broadbent	MSEN	Watford Joggers	00:46:59
104	89	55	301	Mark Stevens	MSEN	N/A	00:47:00
105	90	25	473	David Connolly	MV40	N/A	00:47:01
106	16	8	211	Heather Blamire-Brown	FSEN	N/A	00:47:05
107	91	56	254	Christian Garcia	MSEN	St Albans Striders	00:47:06
108	92	57	237	Ian Kelly	MSEN	N/A	00:47:06
109	93	58	296	Andrew Rendell	MSEN	N/A	00:47:13
110	94	59	385	Calan Horsman	MSEN	Serpentine Ac	00:47:14
111	95	9	172	Christopher Debenham	MV50	N/A	00:47:15
112	96	60	306	Gavin Jacobs	MSEN	N/A	00:47:17
113	97	61	304	Ian Richardson	MSEN	N/A	00:47:17
114	98	26	97	Jeremy Bell	MV40	Amphill & Flitwick Flyers	00:47:18
115	99	62	37	Rob Slade	MSEN	N/A	00:47:19
116	100	27	456	David Swan	MV40	Metros	00:47:23
117	101	63	423	Nathan Gunnapalan	MSEN	N/A	00:47:23
118	102	10	436	John Stratford	MV50	Hillingdon Ac	00:47:24
119	103	64	424	Tad Nowak	MSEN	N/A	00:47:26
120	104	65	8	Tony Horne	MSEN	N/A	00:47:27

121	17	7	242	Brenda Stroud	FV35	N/A	00:47:29
122	18	8	63	Ann Mcdonnell	FV35	N/A	00:47:36
123	105	66	357	Mark Bryson	MSEN	N/A	00:47:36
124	106	28	449	Rickard Ellis	MV40	N/A	00:47:36
125	107	11	311	Paul Roebuck	MV50	N/A	00:47:37
126	108	67	50	Eason Krishnanandan	MSEN	N/A	00:47:37
127	109	68	94	Matt Parfitt	MSEN	N/A	00:47:38
128	110	29	68	Dave Leeson	MV40	N/A	00:47:39
129	111	30	407	Dave Rodway	MV40	N/A	00:47:44
130	112	31	400	Graham Thomas	MV40	N/A	00:47:45
131	113	12	297	Stephen Evans	MV50	N/A	00:47:53
132	114	32	475	Simon Pole	MV40	N/A	00:48:02
133	115	13	445	Tony Clare	MV50	N/A	00:48:03
134	116	69	448	Geoff Ford	MSEN	N/A	00:48:04
135	19	9	223	Jinaka Ugochukwu	FSEN	N/A	00:48:04
136	117	70	9	Gary Henderson	MSEN	N/A	00:48:05
137	118	71	433	Andrew Hull	MSEN	Fairlands Valley Spartans	00:48:08
138	20	9	321	Laura Parker	FV35	N/A	00:48:10
139	21	10	24	Jane Cornthwaite	FV35	N/A	00:48:12
140	119	33	100	Kevin Markwell	MV40	N/A	00:48:16
141	22	3	99	Glenys Smith	FV45	N/A	00:48:16
142	120	72	467	Dean Capon	MSEN	N/A	00:48:17
143	121	73	320	David Atkins	MSEN	N/A	00:48:18
144	122	34	42	James Glasspool	MV40	N/A	00:48:25
145	123	74	419	Martin Lynch	MSEN	N/A	00:48:26
146	124	75	192	Mark Bradley	MSEN	N/A	00:48:32
147	125	76	161	James Beckett	MSEN	N/A	00:48:36
148	126	35	218	Robert Baker	MV40	N/A	00:48:47
149	127	3	31	John Steed	MV60	Herts Phoenix A.C.	00:48:53
150	23	11	179	Caroline Gilbey	FV35	Ampthill & Flitwick Flyers	00:48:57
151	128	77	398	Lars Schoeninger	MSEN	N/A	00:48:58
152	129	78	441	Simon Estell	MSEN	N/A	00:49:02
153	130	79	157	Mark Stevens	MSEN	N/A	00:49:03
154	24	10	381	Karen Levy	FSEN	Barnet & District Ac	00:49:04
155	131	36	485	Andy Weston	MV40	N/A	00:49:06
156	132	14	51	Ian Bonnick	MV50	Watford Joggers	00:49:11
157	133	37	62	Mark Glading	MV40	Fairlands Valley Spartans	00:49:22
158	25	12	143	Helen Otoole	FV35	Stopsley Striders	00:49:33
159	134	80	46	Simon Dean	MSEN	N/A	00:49:38
160	135	38	425	Darren Whitney	MV40	N/A	00:49:43
161	136	15	174	Simon Kitchener	MV50	N/A	00:49:47
162	137	81	302	Bradley Smith	MSEN	N/A	00:49:47
163	138	4	361	Doug Smith	MV60	N/A	00:49:58
164	139	82	395	Daniel Jones	MSEN	N/A	00:50:07
165	140	83	48	Peter Hazlett	MSEN	N/A	00:50:08
166	26	11	355	Clare Bishop	FSEN	N/A	00:50:16
167	141	16	180	Richard Durance	MV50	Holme Pierrepont	00:50:19
168	27	12	365	Oonagh Kenneally	FSEN	N/A	00:50:21
169	142	84	468	Christopher Stacey	MSEN	N/A	00:50:30
170	143	39	418	Nigel Mason	MV40	N/A	00:50:32
171	144	85	329	Chris Hazell	MSEN	Hazells Gazelles	00:50:34
172	28	13	317	Jane Thomas	FV35	Watford Harriers	00:50:36
173	29	13	420	Michelle Anne Butler	FSEN	N/A	00:50:43
174	145	17	414	William Harding	MV50	Hillingdon Ac	00:50:45
175	30	14	287	Nicky Claydon	FV35	Watford Joggers	00:50:48
176	146	40	377	Pete Edwards	MV40	Watford Joggers	00:50:55
177	147	41	387	Andrew Taylor	MV40	N/A	00:51:04
178	148	42	325	Keith Gray	MV40	Bedford Harriers	00:51:09
179	149	43	462	Robert Cresswell	MV40	Stopsley Striders	00:51:11
180	31	14	236	Sophie Ellis	FSEN	N/A	00:51:13
181	150	44	362	Wayne Southwick	MV40	N/A	00:51:17
182	32	15	360	Jayne Morgan	FV35	Watford Joggers	00:51:19

183	33	16	126	Carol Ransom	FV35	St Albans Striders	00:51:21
184	34	15	193	Tanya Wallman	FSEN	St Albans Striders	00:51:23
185	151	18	444	Colin Murray	MV50	N/A	00:51:28
186	152	5	171	David Byers	MV60	N/A	00:51:30
187	35	16	133	Vanesha Parkash	FSEN	N/A	00:51:30
188	153	86	250	Oliver Pattenden	MSEN	N/A	00:51:40
189	154	87	339	Paul Williams	MSEN	N/A	00:51:41
190	36	17	483	Sarah Omahony	FSEN	N/A	00:51:46
191	37	18	222	Alice Clay	FSEN	N/A	00:51:48
192	155	88	371	Kazuya Soejima	MSEN	N/A	00:51:52
193	38	19	214	Vicki Ansell	FSEN	N/A	00:51:53
194	39	20	480	Mercedes Getino	FSEN	N/A	00:51:54
195	156	89	256	David Honeyball	MSEN	N/A	00:51:56
196	40	21	255	Joanne Mcbride	FSEN	N/A	00:51:56
197	157	90	458	Sean Jeffreys	MSEN	St Albans Striders	00:51:57
198	158	45	307	Andrew Appleton	MV40	N/A	00:52:00
199	41	22	345	Esther Moors	FSEN	N/A	00:52:02
200	159	19	408	Kevin Naghten	MV50	N/A	00:52:11
201	160	20	494	Robert Anderson	MV50	N/A	00:52:17
202	161	91	207	Neil Watson	MSEN	N/A	00:52:19
203	42	23	305	Sophie Vielliard	FSEN	N/A	00:52:23
204	43	24	344	Hilary Baber	FSEN	N/A	00:52:23
205	44	25	336	Claire Morgans	FSEN	Garden City Runners	00:52:26
206	162	92	40	Mark Brisbane	MSEN	N/A	00:52:28
207	163	93	316	Brian Gordon	MSEN	N/A	00:52:30
208	164	94	450	George Weeks	MSEN	N/A	00:52:30
209	165	95	275	Martin West	MSEN	N/A	00:52:31
210	166	96	486	Peter Clarke	MSEN	N/A	00:52:35
211	167	6	435	George Dennis	MV60	Tring Running Club	00:52:38
212	168	97	127	Matthew Houlden	MSEN	N/A	00:52:44
213	169	98	422	Yogan Navapalan	MSEN	N/A	00:52:59
214	170	99	437	David Hilton	MSEN	N/A	00:53:12
215	171	46	176	Stephen Palmer	MV40	N/A	00:53:12
216	45	26	85	Hilke Stern-Straeter	FSEN	N/A	00:53:16
217	46	17	209	Sara Linton	FV35	N/A	00:53:16
218	172	100	477	Colin Harrison	MSEN	N/A	00:53:19
219	173	101	86	Will Wright	MSEN	N/A	00:53:20
220	47	4	310	Sandra Brown	FV45	N/A	00:53:32
221	48	5	148	Carole Lydon	FV45	Ampthill & Flitwick Flyers	00:53:32
222	49	27	352	Gemma Lyon	FSEN	N/A	00:53:38
223	174	102	103	James Nelson	MSEN	N/A	00:53:42
224	50	18	14	Nerissa Moore	FV35	N/A	00:53:50
225	51	28	265	Charlotte Lange	FSEN	N/A	00:53:52
226	175	103	370	Simon Fellows	MSEN	N/A	00:53:59
227	52	29	251	Louise Robson	FSEN	N/A	00:54:02
228	53	19	173	Claire Sharp	FV35	N/A	00:54:05
229	54	30	164	Laura Feekins	FSEN	N/A	00:54:07
230	176	47	474	Gary Gapy	MV40	N/A	00:54:07
231	177	104	168	Chris Brazier	MSEN	N/A	00:54:16
232	55	6	20	Lesley Barber	FV45	N/A	00:54:18
233	56	7	181	Penny Durance	FV45	Southwell A.C.	00:54:18
234	178	21	379	Geoffrey Watts	MV50	N/A	00:54:21
235	57	8	470	Gill Attree	FV45	N/A	00:54:22
236	179	48	340	Adrian Day	MV40	Trent Park Running Club	00:54:23
237	180	22	337	John Horgan	MV50	100 Marathon Club	00:54:25
238	181	105	83	Stephen Shapiro	MSEN	N/A	00:54:30
239	58	20	178	Jane Skeates	FV35	N/A	00:54:35
240	59	31	443	Xanthe Mainwaring	FSEN	N/A	00:54:35
241	182	106	434	Paul Hailey	MSEN	N/A	00:54:36
242	60	32	191	Anna Bradley	FSEN	N/A	00:54:40
243	61	33	253	Patty Kostkova	FSEN	N/A	00:54:48
244	62	9	11	Linda Roe	FV45	N/A	00:54:50

245	63	21	330	Claire Harding	FV35	Watford Joggers	00:54:53
246	64	22	39	Julia Brisbane	FV35	N/A	00:54:57
247	183	49	184	Steven Rands	MV40	N/A	00:55:04
248	184	50	272	Guy Zieseniss	MV40	N/A	00:55:05
249	185	107	319	Jonathan Milne	MSEN	N/A	00:55:07
250	186	108	175	Brian McLaren	MSEN	N/A	00:55:10
251	187	51	490	Neil Morris	MV40	N/A	00:55:15
252	65	23	463	Sally Otto	FV35	N/A	00:55:16
253	188	52	465	Edward Otto	MV40	N/A	00:55:20
254	189	109	118	Damian Diomede	MSEN	N/A	00:55:26
255	66	34	388	Claire Butler	FSEN	N/A	00:55:42
256	190	110	492	Ben Killner	MSEN	N/A	00:55:49
257	67	35	117	Sarah Edwards	FSEN	N/A	00:55:52
258	191	23	145	Alan Baldwin	MV50	N/A	00:55:54
259	68	36	415	Rachel Castell	FSEN	N/A	00:56:17
260	192	53	10	Simon Cook	MV40	N/A	00:56:21
261	193	24	399	Sean Oreilly	MV50	N/A	00:56:23
262	69	10	453	Elsbeth Attwood	FV45	N/A	00:56:24
263	194	54	23	Giles Bridger	MV40	N/A	00:56:25
264	70	37	6	Yvonne Donoghue	FSEN	Sevenoaks A.C.	00:56:27
265	195	111	166	Ross Hegarty	MSEN	N/A	00:56:34
266	196	7	121	John Nugent	MV60	Broxbourne Runners	00:56:39
267	197	112	91	Andrew Ashman	MSEN	N/A	00:56:44
268	198	55	60	Graham Kenyon	MV40	N/A	00:56:44
269	199	56	245	Giles Ridger	MV40	N/A	00:56:47
270	71	1	141	Valerie Taylor	FV55	Leighton Fun Runners	00:56:55
271	200	113	234	Paul Brewer	MSEN	N/A	00:56:57
272	72	11	238	Gill Riley	FV45	N/A	00:56:57
273	201	57	455	Barry Rayner	MV40	N/A	00:57:10
274	73	38	149	Felicity Wood	FSEN	N/A	00:57:10
275	74	12	342	Susan Defoe	FV45	Watford Joggers	00:57:26
276	202	114	159	Miguel Llabres-Davis	MSEN	N/A	00:57:27
277	75	39	280	Kate Buchan	FSEN	N/A	00:57:28
278	203	115	204	Marcus Fearon	MSEN	N/A	00:57:34
279	204	116	298	Stephen Hunt	MSEN	N/A	00:57:52
280	205	58	318	Andrew Thomas	MV40	Watford Harriers	00:57:56
281	76	40	315	Isabella Pateman	FSEN	N/A	00:57:56
282	206	117	469	Hugh Maguire	MSEN	N/A	00:58:05
283	207	59	139	Mark Sassoon	MV40	N/A	00:58:05
284	77	24	138	Lisa Sassoon	FV35	N/A	00:58:06
285	208	25	128	Peter Holman	MV50	N/A	00:58:13
286	78	41	276	Emma Tole	FSEN	N/A	00:58:14
287	79	25	96	Rose Gilliver	FV35	N/A	00:58:18
288	209	60	451	Andrew Royall	MV40	N/A	00:58:22
289	210	118	328	Eric Stewart	MSEN	N/A	00:58:41
290	80	26	393	Nicole Bennett	FV35	N/A	00:58:44
291	211	26	53	Peter Hill	MV50	N/A	00:58:46
292	81	13	484	Christine Pout	FV45	N/A	00:59:08
293	212	119	113	Lloyd Reeves	MSEN	N/A	00:59:09
294	213	120	112	Alan Walsby	MSEN	N/A	00:59:10
295	82	42	21	Emma Clementson	FSEN	Garden City Runners	00:59:12
296	83	43	49	Victoria Johnson	FSEN	N/A	00:59:14
297	214	61	478	David Cole	MV40	N/A	00:59:14
298	215	27	285	John Richard Revill	MV50	Garden City Runners	00:59:18
299	84	14	65	Liz Philpott	FV45	N/A	00:59:22
300	216	62	461	Peter Raynard	MV40	N/A	00:59:23
301	85	44	142	Holly Taylor	FSEN	Leighton Fun Runners	00:59:25
302	217	8	140	James Taylor	MV60	Leighton Fun Runners	00:59:26
303	86	27	110	Tricia Hopper	FV35	Fairlands Valley Spartans	00:59:27
304	218	63	111	Christopher Hopper	MV40	N/A	00:59:27
305	87	45	438	Helen Connatty	FSEN	N/A	00:59:33
306	88	46	216	Sarah Huckle	FSEN	N/A	00:59:36

307	219	121	18	Peter Walker	MSEN	N/A	00:59:39
308	220	28	366	Kevin Mclellan	MV50	N/A	00:59:46
309	89	28	69	Caroline Bolam	FV35	N/A	01:00:06
310	90	29	459	Helen Ayles	FV35	N/A	01:00:22
311	91	30	199	Sue Vivian	FV35	N/A	01:00:24
312	92	47	347	Elaine Harries	FSEN	N/A	01:00:26
313	93	48	25	Joanne Head	FSEN	N/A	01:00:26
314	221	122	303	Alessandro Peduto	MSEN	N/A	01:00:27
315	222	123	124	Matthew Luckhurst	MSEN	N/A	01:00:32
316	223	64	392	Marc Bennett	MV40	N/A	01:00:32
317	94	49	3	Marie Bacon	FSEN	Stopsley Striders	01:00:42
318	95	50	394	Susanna Trow	FSEN	N/A	01:00:43
319	96	51	246	Anne Dawson	FSEN	Bishops Stortford RC	01:00:47
320	97	31	210	Mo Koyejo	FV35	N/A	01:00:52
321	98	2	185	Patricia Godfrey	FV55	Ampthill & Flitwick Flyers	01:01:09
322	99	52	205	Jacqueline Cryer	FSEN	N/A	01:01:14
323	100	32	101	Anita Davenport	FV35	N/A	01:01:24
324	101	15	170	Romaine Byers	FV45	N/A	01:01:28
325	224	124	273	Richard Wellens	MSEN	N/A	01:01:32
326	102	3	73	Pat Dally	FV55	N/A	01:01:55
327	103	33	16	Jane James	FV35	Ricky Running Sisters	01:02:07
328	104	53	493	Willa Gebbie	FSEN	N/A	01:02:08
329	105	34	334	Catherine Shepherd	FV35	Garden City Runners	01:02:18
330	106	4	264	Angela Murphy	FV55	Metros	01:02:20
331	107	35	452	Debbie Roberts	FV35	N/A	01:02:56
332	225	29	19	Ray Walker	MV50	N/A	01:03:04
333	108	54	351	Suzanne Beck	FSEN	N/A	01:03:09
334	109	36	464	Cally Emmas	FV35	N/A	01:03:12
335	110	55	383	Lisa Smith	FSEN	N/A	01:03:15
336	111	56	382	Nicola Owen	FSEN	N/A	01:03:15
337	226	125	163	Luke Harrison	MSEN	N/A	01:03:16
338	112	57	28	Lorraine Berry	FSEN	N/A	01:03:18
339	113	37	411	Nikki Webster	FV35	N/A	01:03:33
340	114	38	412	Sarah Wragg	FV35	N/A	01:03:33
341	227	126	27	Alex Eaton	MSEN	N/A	01:03:40
342	115	39	427	Suzanne Curry	FV35	N/A	01:03:40
343	116	40	428	Naomi Wallace	FV35	N/A	01:03:41
344	117	58	346	Jane Thompson	FSEN	N/A	01:03:42
345	118	16	356	Janice Stewart	FV45	N/A	01:03:43
346	119	59	221	Adinda Ivens	FSEN	N/A	01:03:52
347	120	60	354	Shelley Chadda	FSEN	N/A	01:04:03
348	228	30	416	Mike Gaunt	MV50	Tring Running Club	01:04:13
349	121	61	471	Elizebeth Norfolk	FSEN	N/A	01:04:17
350	122	41	74	Jelena Catchpole	FV35	N/A	01:04:24
351	123	62	17	Sally Lees	FSEN	N/A	01:04:26
352	229	127	314	Gary Bowman	MSEN	N/A	01:04:28
353	124	63	235	Debbie Flynn	FSEN	Ricky Running Sisters	01:04:34
354	230	9	1	John Motson	MV60	N/A	01:04:37
355	231	65	308	Mark Appleton	MV40	N/A	01:04:56
356	125	64	261	Sabrina Hoque	FSEN	N/A	01:04:57
357	126	17	30	Hilary Young	FV45	Serpentine Ac	01:05:29
358	127	42	183	Halinka Rands	FV35	Chiltern Harriers Ac	01:05:49
359	128	65	13	Rebecca Fleckney	FSEN	Ampthill & Flitwick Flyers	01:06:21
360	129	66	286	Lucy White	FSEN	N/A	01:06:25
361	130	43	410	Sarah Coltman	FV35	Watford Joggers	01:06:27
362	131	67	375	Annie Page	FSEN	Ampthill & Flitwick Flyers	01:06:34
363	132	44	61	Katie Hopkins	FV35	N/A	01:06:51
364	133	18	413	Frances Chater	FV45	Watford Joggers	01:07:36
365	134	45	29	Tania Du Plessis	FV35	Serpentine Ac	01:07:43
366	135	19	440	Pauline Babayode	FV45	N/A	01:07:46
367	136	46	228	Jane Mani-Saada	FV35	N/A	01:07:49
368	137	47	277	Nikki Halsall	FV35	N/A	01:08:29

369	232	31	369	Geoff Fellows	MV50	N/A	01:08:32
370	138	68	156	Rachel Wilson	FSEN	N/A	01:09:01
371	139	20	417	Pam Burley	FV45	Tring Running Club	01:09:36
372	140	69	432	Emma Hargreaves	FSEN	N/A	01:10:12
373	141	70	167	Grazina Thompson	FSEN	N/A	01:10:29
374	142	21	150	Lois Cook	FV45	N/A	01:10:31
375	143	22	144	Susan Baldwin	FV45	N/A	01:12:18
376	144	48	98	Catherine Ross	FV35	N/A	01:12:24
377	145	23	293	Carol Sherriff	FV45	N/A	01:13:23
378	146	5	491	Sue Morgan	FV55	N/A	01:14:32
379	233	66	396	Simon Wilson	MV40	N/A	01:14:37
380	147	71	165	Susannah Williams	FSEN	N/A	01:15:00
381	148	72	154	Rupal Batavia	FSEN	N/A	01:15:34
382	234	67	162	Simon Tucker	MV40	N/A	01:16:53
383	149	24	169	Brigid Brennan	FV45	N/A	01:16:54
384	150	73	158	Karen Harding	FSEN	N/A	01:17:14

AllResultsTable